

## PRE ADVANCED FOUNDATION

Pre-Advanced Foundation classes are specifically tailored for the aspiring teen athlete. This class is meticulously designed to prepare students for pre-advanced ballet, school dance teams, or other dance groups, while simultaneously developing students as well-rounded dancers who excel in various dance disciplines. By integrating rigorous ballet techniques with elements from other dance forms, we aim to equip our students with the skills and versatility needed to be competitive in both ballet and non-ballet dance programs. By Audition/placement only. Minimum 3 ballet classes followed by Strength and conditioning, Jazz, contemporary, Jumps Leaps and Turns \$375/month for 3 ballet classes **or** additional classes \$100ea **or** \$540/month for complete program.

MON	TUES	WED	THUR	FRI	SAT
<b>PRE ADVANCED FOUNDATION</b>	3:00-4:15 P Ballet		3:00-4:15 P Ballet		10:00-11:15 A Ballet
	4:15-5:30 P Stretch, Strength and Conditioning		4:15-5:30 P Jazz/Contemporary		11:15 A -12:15 P Jumps, Leaps and Turns

## PRE PROFESSIONAL DIVISION

Study is more intensive at this level. Increased class time is necessary for students interested in pursuing a professional career or higher education in dance. By audition/placement only.

A Minimum of 4 ballet classes required for this division. \*Modern Is required for this division

**Pre Advanced:** \$480/month for 4 ballet classes and 1 *Modern* \*required additional classes \$100ea. or \$685 for all Ballet and electives

**Advanced:** \$495/month for 4 ballet classes and 1 *Modern* \*required additional classes \$100ea or \$710 for all Ballet and electives

MON	TUES	WED	THUR	FRI	SAT
<b>PRE ADVANCED</b>	5:45-7:15 P Ballet & Pointe	6:45-8:00 P Ballet	6:00-7:15 P Ballet		11:45-1:15 P Ballet & Pointe
	7:15-8:15 P *Modern	8:00-9:00 P Jazz	7:30-8:30 P Musical Theatre		10:45-11:45 A Int/Adv Tap

MON	TUES	WED	THUR	FRI	SAT
<b>ADVANCED</b>	6:45-8:15 P Ballet & Pointe	5:45-7:15 P Ballet	6:45-8:00 P Ballet	5:45-7:15 P Ballet	12:00-1:15 P Ballet
	7:15-8:15 P Modern *required	8:00-9:00 P Pointe Variations	7:15-8:15 P Jazz/Contemporary		1:15-2:00 P Pointe
					10:45-11:45 A Int/Adv Tap

**\*\*schedule subject to change\*\***

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